

Department of Health and Sport Sciences Adult Fitness Program

		Adalphi linivareity Adult Fitnace Dronram Dhycician's Cl
	T 516.877.4270 F 516.877.4258	
_	P.O. 8ox 701 Garden City, NY 11530	

Your patient is interested in participating in the Adelphi University Adult Fitness Program. The program is individualized and based on a required intake fitness assessment. The assessment includes a health/medical questionnais.